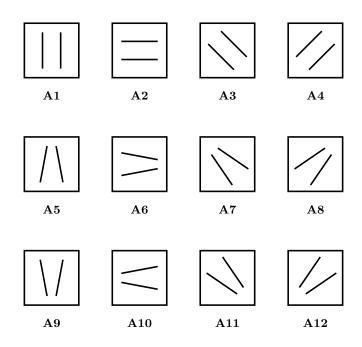
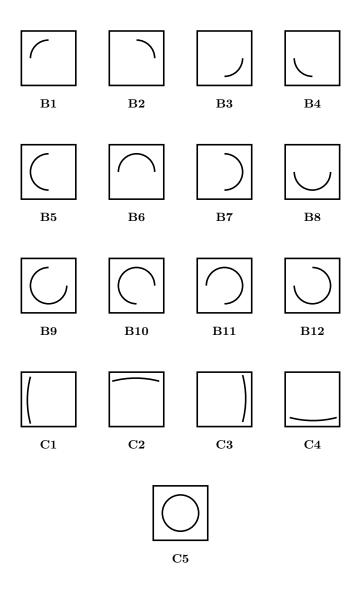
### Catalogue of NDE Space Pictograms & Lexicon and Legend Symbol

## Pictograms A, B, C:





### Lexicon:

Near-Death Experience (NDE): A Near-Death Experience (NDE) is a profound transcendental mental experience that typically occurs following a life-threatening situation (e.g., cardiac arrest, coma, traumatic brain injury). However, NDEs can also arise in circumstances that do not jeopardize life, such as during meditation or migraines.

Out-of-Body Experience (OBE): An Out-of-Body Experience (OBE) is a phenomenon in which an individual perceives the physical world and/or their own physical body from an extracorporeal point of view. This experience is accompanied by the impression of separating from or departing from the physical body and/or the physical world, followed by a sense of reuniting with or returning to the physical body and/or the physical world.

#### Types of Out-of-Body Experiences (OBEs):

- 1. **Dissociative Out-of-Body Experience (Dissociative OBE):** A phenomenon in which an individual perceives the physical world and/or their own physical body from an extracorporeal point of view, with the impression of separating from or departing from their physical body and/or the physical world.
- 2. Associative Out-of-Body Experience (Associative OBE): A phenomenon in which an individual perceives the physical world and/or their own physical body from an extracorporeal point of view, with the impression of reuniting with or returning to their physical body and/or the physical world.

#### Key Concepts Related to NDE and OBE:

- Physical Body: The corporeal body that has material existence.
- Extracorporeal Point of View: The perspective from which an individual perceives the physical world and/or their physical body while experiencing the sensation of being outside their corporeal body.
- Extracorporeal Space: The space from which an individual perceives their surroundings while having the impression of being outside their corporeal body.

### Self Mapping in NDE and OBE:

- Self-Location (S-L): The place where an individual feels their "self" is located while being in an extracorporeal space and/or experiencing an extracorporeal point of view.
- Self-Motion (S-M): The sensation of movement experienced by the self while having the impression of being outside the physical body in an extracorporeal space and/or from an extracorporeal point of view.
- Self-Motion U-Turn: A sensation of making a U-turn while outside the physical body in an extracorporeal space and/or from an extracorporeal point of view. In NDEs, this U-turn sensation is often perceived as a turning point where the self, either voluntarily or involuntarily, decides to return to the physical body and/or the physical world.

# Legend Symbols: